

Fatherhood is EVERYTHING: Skills for being Culturally Competent Dads!

Project Management

- My Special Word
- Franklin County Rise Together Blueprint
- Franklin County Racial Equity Initiative

Strategic Advising

- IGS Energy
- Cameron Mitchell Restaurants
- City of New Albany

Training and Development

- Franklin County Prosecutor's Office
- City of Worthington
- One Columbus/MODE

kaufman













porterwright





Conversation Practices

Sharing is Sacred

- What's said here stays, what's learned can leave
- Listen actively
- Attend with curiosity
- Share from your own personal experience
- Participate, don't dominate

Practice Courage and Vulnerability

- Connect with your body
- Be aware of what emotions arise
- Experience discomfort
- Notice any judgements and let them go

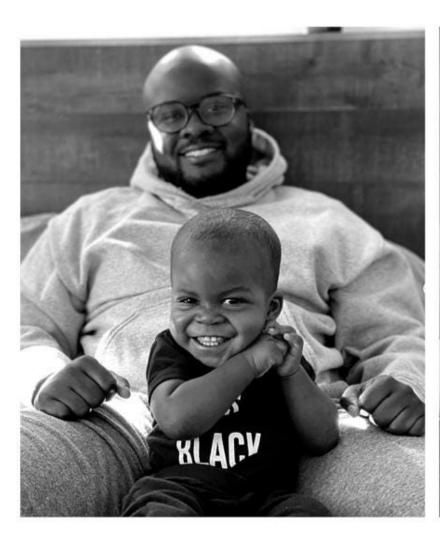
Trust the Process

- We are ALL learners together
- Expect and accept unfinished business

"When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much he had learned in seven years."

- Mark Twain

Skills for Culturally Competent Dads!







What exactly is Cultural Competence – Cultural Humility – Cultural Intelligence?

Cultural Competence

Cultural
competence is the
ability of a person
to effectively
interact, work, and
develop meaningful
relationships with
people of various
cultural
backgrounds.

Cultural Humility

Cultural Humility is a lifelong process of self-reflection and self-critique. Starts with an examination of your own beliefs and cultural identities before learning others. A personal commitment to being humble, curious, and flexible, both inwardly and outwardly.

Cultural Intelligence

Cultural Intelligence (CQ) is the ability to recognize and adapt to cultural differences.

What is Cultural Competence?

Cultural Competence Approach

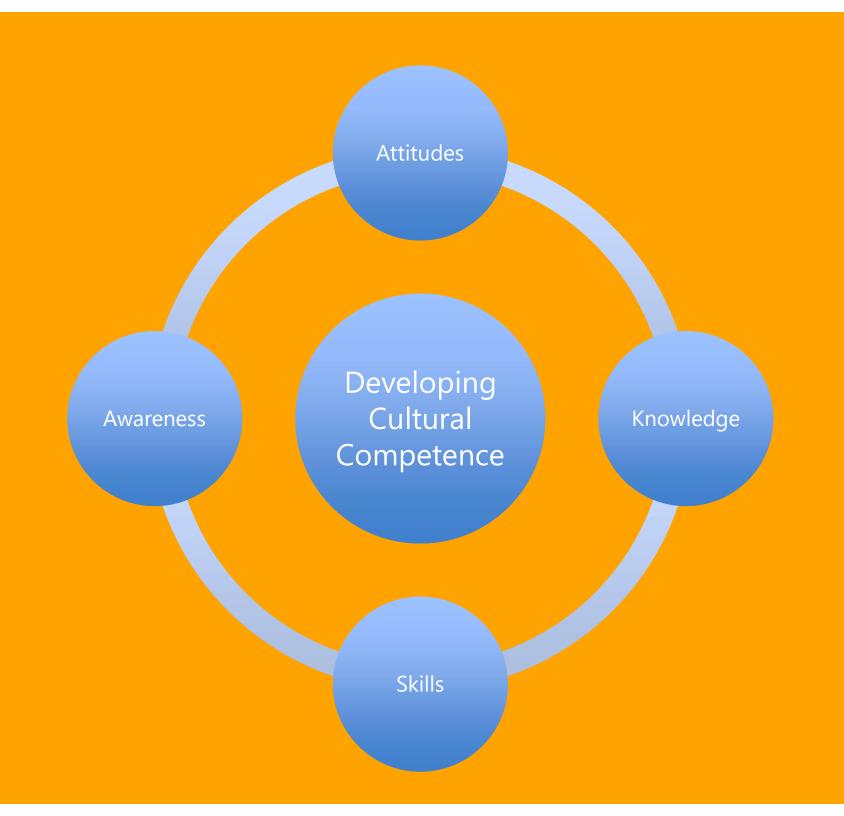
Self Awareness Other

Bridging Skills

Understanding one's "cultural" self Exploring other cultural norms, values and beliefs

Learning to be culturally adaptive

The capability to shift cultural perspective and adapt—or bridge--behavior to cultural commonality & difference

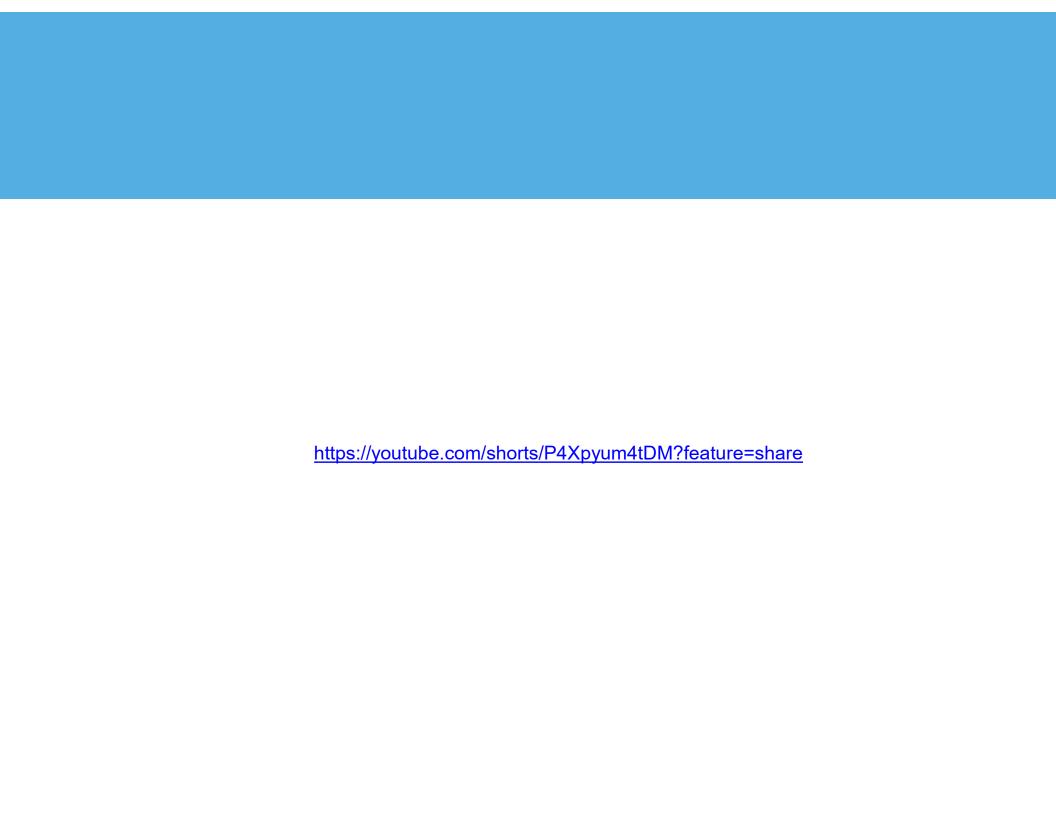


Awareness

Who are you? What forms your perspective?

Attitudes

What do you value, believe, and fear as a father/advocating for fathers?



Knowledge

What do you know about others/your children?

Skills

How do you interact with the kids?

Skills to focus on

Individual Action Plan What excites me about being a father/ working with fathers? One thing I learned in this session? **Individual skills I** want to work on? **Skills I want to teach** my kids?

"It is easier to build strong children than to repair broken men."

-Frederick Douglas

Thank